



SCHOOL-BASED HEALTH CENTER

McKean High School
301 McKennans Church Road
Wilmington, DE 19808
Phone: 302-636-5330 Fax 302-636-5340

Dear Parents/Guardians:

The McKean School-Based Health Center (SBHC) is a partnership between ChristianaCare, Red Clay School District, and the Delaware Division of Public Health. This letter is an invitation to sign up your child, ages 12 and above in the SBHC.

Health care in the SBHC is provided by a multi-disciplinary team. An Advanced Practice Clinicians, a Licensed Clinical Social Worker/ Licensed Professional Counselor of Mental Health, and a Registered Dietitian provide care at your child’s school.

To sign up your child in the SBHC:

- Up-to-date insurance information is needed if your child is insured. No co-pay, co-insurance or deductible will be charged to you and no one will be turned away based on ability to pay.
- Please review, fill out and sign the attached Consent Form.
- Fill out attached **Student Registration Form** and **Health History Form**
- Return completed enrollment/registration forms to the SBHC

SBHC services offered:

| | |
|---|---|
| Counseling (individual, family, and group) | HIV testing |
| Health education/risk reduction | Reproductive Health Services (with parent permission) |
| Crisis intervention and suicide prevention | Physicals (sports, school, or pre-employment) |
| Nutrition/weight management | Health screenings |
| Pregnancy testing | Immunizations |
| Diagnosis and treatment of sexually transmitted infections (STDs) | Diagnosis and treatment of minor illnesses/injuries |

Please know that your child’s pediatrician or family doctor is still your child’s main doctor. SBHC does not take the place of your child’s pediatrician or family doctor, and SBHC doctors and Advanced Practice Clinicians will work with your child’s main doctor to care for your child. The SBHC offers services that may round out the care provided by your main doctor. When appropriate, and with your permission, we will try to share medical information with your child’s doctor to prevent any duplication of health care services, and to take the best care of your child. If your child does not have a doctor, we can help you find one.

The SBHC staff thanks you for your time. Together with you and your child’s main doctor, we will work towards keeping your child healthy and in school. Please encourage your child’s pediatrician or family doctor to call the SBHC with questions. If you have questions or need more information, please call the McKean School-Based Health Center at (302) 636-5330.





**SCHOOL-BASED HEALTH CENTER
PARENT/STUDENT CONSENT FOR SERVICES
Red Clay Consolidated School District**

I, _____, give my consent for _____ / /
 (Parent/Legal Guardian of Student) (Name of Student) (Date of birth)
 who resides at: _____

 (Street address, city, state, zip code)

to receive health services at the McKean School-Based Health Center (SBHC) administered by **Christiana Care Health Services**.

SERVICES PROVIDED BY THE SCHOOL-BASED HEALTH CENTER INCLUDE:

- Comprehensive health assessments
- Immunizations
- Diagnosis and treatment of minor, acute and chronic medical conditions
- Nutrition counseling and education
- Referrals to and follow up for specialty care, oral and vision health services
- Mental health and substance use disorder assessments, crisis intervention, counseling, and treatment*
- Referral to mental health and substance abuse services including emergency psychiatric care, community and support programs*
- Diagnosis and treatment of sexually transmitted infections
- Pregnancy screening

***Please be aware:** In accordance with Delaware law, any minor age 14 or over may consent to voluntary outpatient mental health services and parental consent is not required.

ELECTIVE SERVICES:

If you do not wish for your child to have the following elective services, mark NO below. If you mark YES, your child will be able to get any of these elective services.

Your decision for elective services will not impact your student's ability to receive the services listed above.

Elective services include:

| | | | | |
|---------------------|--------------|---------|-------------|----------|
| Birth Control Pills | Depo-Provera | Condoms | HIV Testing | NuvaRing |
|---------------------|--------------|---------|-------------|----------|

I wish for my for my child to receive elective services:

Yes No

Contraceptive Implant (Nexplanon) – FEMALES ONLY

Note: A brief procedure in the SBHC is required for placement and removal of the contraceptive implant (Nexplanon). Imaging (example: X-ray) or referral may be needed for complicated placement and removal.

My child may receive Nexplanon:

Yes No

THE SCHOOL-BASED HEALTH CENTER DOES NOT PROVIDE THE FOLLOWING SERVICES:

- Treatment or testing of complex medical or psychiatric conditions
- Ongoing primary treatment of chronic medical conditions
- Complex lab tests
- Hospitalization
- X-Rays

CONFIDENTIALITY:

Some services offered by this School-Based Health Center are confidential by law. If you consent to your child receiving confidential services at the School-Based Health Center then, according to Delaware Law (Title 13 §710), you will not have access to information about these services unless your child gives the School-Based Health Center permission to share that information. This includes the following information:

- Pregnancy testing
- Diagnosis and treatment of sexually transmitted infections
- Reproductive health services including contraceptive implant – unless complications occur
- HIV testing