

New Castle County Counseling Resources 2019 – 2020

Community Counseling/Mental Health Services

CRISIS HELPLINES and HOTLINES

Child Priority Response 24hr Crisis Line	800-969-4357
Contact Lifeline (Rape and other crisis)	302-761-9100
Domestic Violence Hotline	302-762-6110
Child Abuse Hotline	800-292-9582
Suicide Prevention Hotline	800 273-Talk
Runaway Hotline	302-762-6373
LGBTQ Crisis Line	866 488-7386
Crisis Text Line (text “HOME” or “HELP)	741741

COMMUNITY COUNSELING CENTERS

Alliance Counseling 1409 Foulk Road Wilmington, De.19803 (302) 477-0708	Associates in Health Psychology 1521 Concord Pike #103, Wilmington, DE 19803 (302) 428-0205	Bancroft Behavioral Health 5610 Kirkwood Highway Wilmington, De. 19808 (302) 502-3255 *
Behavioral Health Associates 405 Foulk Road Wilmington, De. 19803 (302) 655-1100	The Brandywine Center 2500 Grubb Road #240 Wilmington, De 19810 (302) 475-1880	Broudy and Associates 825 Washington St. Wilmington, DE 19801 (302) 655-7110 *
Catholic Charities 2601 W. 4th Street Wilmington, DE 19805 (302) 655-9624*	Center for Change-S.O.A.R Sexual abuse recovery 405 Foulk Road Wilmington, DE 19803 (302) 655-3953	Center for Mindful Change 1601 Concord Pike suite 68 Wilmington, De. 19803 (302) 655-2627
Children and Families First 2005 Baynard Blvd. Wilmington, DE 19802 (302) 658-5177 809 Washington St Wilmington, DE 19801 (same #)*	Child Inc. 507 Philadelphia Pike Wilmington, DE 19809 (302) 762-8989	Christiana Care Bridge Program 205 W. 14th Street Wilmington. De. 19801 * (302) 320-2100
Christiana Counseling 5235 West Woodmill Drive Wilmington, DE 19808 (302) 995-1680	Claymont Community Center 3301 Green St Claymont, DE 19703 (302) 792-2757 *	Delaware Guidance 1213 Delaware Avenue Wilmington, DE 19806 (302) 652-3948 *
Delaware Family Center 3608 Lancaster Pike, Wilmington, DE 19805 (302) 995-9600	The Ebright Collaborative 607 W. 18th Street Wilmington, DE 19802 (302) 888-2233	Focus Behavioral Health 410 Foulk Rd # 105 Wilmington, DE 19803 (302) 762-2285 *
Harmonious Minds 5189 Woodmill Drive Wilmington, De. 19808 (302) 633-6001 *	Jewish Family Services of DE 99 Passmore Rd Wilmington, DE 19803 (302) 478-9411 288 E. Main St Newark *	Kalkstein and Associates 3411 Silverside Road Wilmington, De. 19810 (302) 478-7987 *
Mid-Atlantic Behavioral Health 3521 Silverside Rd #2F1, Wilmington,, DE 19810 (302) 224-1400 *	Silverside Counseling Center 3526 Silverside Road Wilmington, De. (302) 479-5060	Supporting Kidds (Grief) 1213 Old Lancaster Pike Hockessin, DE 19707 (302) 235-5544

denotes psychiatric services

New Castle County Counseling Resources 2019 – 2020

FAITH BASED COUNSELING SERVICES

<p>Brandywine Pastoral Institute 1503 West 13th Street Wilmington (302) 651-0223</p>	<p>Safe Harbor Christian Counseling Concordia Lutheran Church 3003 Silverside Road Wilmington, De. 19810 (800) 305-2089</p>
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SPANISH and FRENCH RESOURCES

<p>Latin American Community Center 301 N. Harrison Street Wilmington, DE (302) 295-2160</p>	<p>Multicultural Counseling Services 260 Chapman Road Newark, DE (302) 292-1334</p>	<p>Christiana Counseling Spanish language counseling 5235 West Woodmill Drive Wilmington, DE 19808 (302) 995-1680</p>
<p>Delaware Guidance Spanish language counseling 1213 Delaware Avenue Wilmington, DE 19806 (302) 652-3948 *Drummond Plaza Office Park (455-9333)</p>	<p>Marcia Speller, MD 200 Continental Dr. Suite 203 Newark, DE 19713 (302) 368-3228</p>	<p>Alvin Turner, PhD (French) 222 Philadelphia Pike Wilmington, DE 19809 (302) 777-3202</p>

STOP SMOKING

DE Quitline 866-409-1858 (over 18)

<p>American Cancer Society 92 Read's Way Suite 205 New Castle, DE 19720 1-800-227-2345 (302) 324-4227</p>	<p>American Lung Association 630 Churchman's Rd Suite 202 Newark, DE 19702 1-800-LUNGUSA (302) 737-6414</p>	<p>Christiana Care Helen F. Graham Cancer Center 4701 Ogetown-Stanton Rd Newark, DE 19713 (302) 623-4500</p>
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Taresa Pittman, PNP
 102 Sleepy Hollow Drive
 Suite 204
 Bunker Hill Building
 Middletown, DE
 302-365-0384

Laura Hummell, PNP
 McCormick and Associates of Middletown
 5350 Summit Bridge Road
 Suite 107
 Middletown, DE
 302-449-0710

New Castle County Counseling Resources 2019 – 2020

Crisis Numbers

* Mobile Crisis Unit (Over age 18)	(800) 345-6785
*Child Priority Response Services (0-18 yrs)	(800) 969-HELP
* Delaware Guidance	(302) 633-5128
* Rockford Center	(302) 996-5480
*Crisis Text Line	741741

Broudy & Associates

<http://broudyassoc.com>

Wilmington Office
825 Washington St.
Wilmington, DE 19801
(302) 655-7110

Newark Office
314 East Main St.
Suite 104
Newark, DE 19711
(302) 738-9466

Child Guidance Resource Centers

<http://www.cgrc.org>

Middletown, DE
(302) 279-1010

Christiana Counseling

Appoquinimink State Service Ctr.
Middletown, DE
(302) 995-1680

Delaware Helpline

Information and referrals to community resources
(800) 464-4357
(888) 427-2743

Center for Child Development

260 Chapman Rd 100B
Newark, DE 19702
(302) 292-1334

3920 DuPont Parkway Suite B
Townsend DE 19734

Delaware Guidance Services

<http://www.delawareguidance.org>

Wilmington (New Castle County)
1213 Delaware Avenue
Wilmington, Delaware 19806
Phone: (302) 652-3948

Newark (New Castle County)
Polly Drummond Office Park, Bldg. 1, Suite 1208
Newark, Delaware 19711
Phone: (302) 455-9333

Dover (Kent County)
103 Mont Blanc Blvd.
Dover, DE 19904
(302) 678-3020

Division of Prevention and Behavioral Health

<http://kids.delaware.gov/>

(302) 781-3216

Susan Epps, Ph.D.

1521 Concord Pike, Ste. 103
Wilmington, DE 19803
(302) 428-0205

George Frangia, Ph.D.

220 Kelsey Lynn Ct.
Middletown, DE
(302) 378-7505

Preston J. Lanier, LCSW

242 N. James St.
Newport, DE
(302) 995-1680

Dawn Schatz, LCSW

120 West Main St.
Middletown, DE 19709
(302) 898-1616

Mid Atlantic Behavioral Health

910 S. Chapel St. Suite 102
Newark, DE
(302) 224-1400
www.midatlanticbh.com

New Castle County Counseling Resources 2019 – 2020

Middletown Counseling

www.middletowncounseling.com

401 North Broad Street
Middletown, DE 19709
(302) 376-0621

Middletown Family Wellness and Counseling

102 Sleep Hollow Drive, Ste. 200
Middletown, DE
(302) 898-7806

Mind and Body Consortium

www.mindandbodyde.net

212 Carter Drive, Suite D
Middletown, DE 19709
(302) 378-2522

156 S. State St.
Dover, DE
(302) 674-2380

Intake for new patients:
(302) 730-1122

NAMI-DE

Delaware Helpline
Information and referrals to community resources
(800) 464-4357
(888) 427-2643

New Castle County
2400 W. 4th Street
Wilmington, DE 19805
(302) 427-0787

Joshua Counseling Center

2020 Firedancer Lane
Bear, DE 19701
302- 325-4414

Peoples Place Counseling Center

www.peoplesplace2.com/

Smyrna Office
32 S. Main St.
Smyrna, DE 19977
(302) 653-2341

Pike Creek Psychologist Center

<http://www.PikeCreekPsych.com>

(302) 738-6859
Newark Branch:
8 Polly Drummond Hill Rd.
Middletown Branch:
252 Carter Dr., Ste. 100

Rockford Center

www.rockfordcenter.com/

100 Rockford Drive
Newark, DE 19713
(302) 996-5480

Meadow Wood Hospital

575 S. Dupont Hwy.
New Castle, DE 19720
(302) 328-3330
www.meadowwoodhospital.com

Supporting Kidds

www.supportingkidds.org

Support for children and families experiencing grief
(302) 235-5544

Denise C. Wall, LCSW

www.dcw-counseling.com

610 Main St.
Odessa, DE
(302) 376-5259

Dr. Alvin Turner, PhD

222 Philadelphia Pike, Suite 4
Wilmington, DE 19809
302-777-3202 / 302-540-3036 (C)

Alpha Behavioral Health

1095 South Bradford Street,
Dover, DE 19904
(302) 736-6135

Allied Behavioral Health

1400 Peoples Plaza Suite 204
Newark, DE 19702
(302) 832-1282
www.alliedbehavioralhealthde.com

New Castle County Counseling Resources 2019 – 2020

Center for Conscious Healing

Colleen McGinnis, licensed psychologist
Carter Dr. Middletown, DE
(302) 376-6144

Nemours/A.I. DuPont Hospital for Children

1600 Rockland Rd.
Wilmington, DE 19803
(302) 651-4500

<http://www.nemours.org/service/medical/behavioralhealth.html>

McCormick & Associates of Middletown, LLC

292 Carter Drive Suite B
Middletown, Delaware
(302) 449-0710

www.mccormickandassociatesofmiddletown.com/

Connections Center for Children & Families

Call 302-442-6620 for more information
Locations in Middletown, Dover, & Smyrna

HELPLINES and HOTLINES:

Adult Mobile Crisis.....	1-800-652-2929
Child Abuse Hotline	1-800-292-9582
Child Mental Health Crisis Line	1-800-969-HELP (4357)
City of Wilmington Child Development-Community Policing Program	302-576-3183
Delaware Attorney General’s School Crime & Bullying Hotline	1-800-220-5414
Delaware Helpline - www.delaware211.org	211 or 1-800-464-4357
Domestic Violence Hotline (Child, Inc.)	302-762-6110
LGBTQ Youth Crisis Line.....	1-866-488-7386 or 1-800-246-7743
National Domestic Violence Hotline - www.thehotline.org	1-800-799-SAFE (7233)
National Runaway Safeline	1-800-RUN-AWAY (786-2929)
National Sexual Assault Hotline – www.rainn.org	1-800-656-HOPE (4673)
National Teen Dating Abuse Hotline - www.loveisrespect.org	1-866-331-9474
Peer-to-Peer Helpline - www.delteenspace.org	1-855-517-1500
Rape Crisis (Contact Lifeline) - www.contactlifeline.org	302-761-9100
Runaway Youth Hotline (Child, Inc.).....	302-762-6373
Suicide Prevention Lifeline	1-800-273-TALK (8255)
YWCA Sexual Assault Response Center- www.ywcade.org/sarc	1-800-773-8570

Behavioral Health Hospitals:

MeadowWood Behavioral Health System - www.meadowwoodhospital.com	302-328-3330
Rockford Center - www.rockfordcenter.com	302-996-5480
Wilmington Hospital CAPES Unit.....	302-428-2118

Counseling Services:

Alliance Counseling- www.alliance-counseling.com	302-454-8010 (Newark) / 302-477-0708 (Wilm.)
Associates in Health Psychology- www.healthymindsdelaware.com	302-428-0205 (Newark) / 302-428-0205 (Wilm.)
Catholic Charities- www.cdow.org	302-655-9624
Child, Inc.- www.childinc.com	302-762-8989
Children & Families First- www.cffde.org	658-5177
Christiana Care- http://www.christianacare.org/AdolescentPsychiatry	302-733-4212 (Newark) / 302-320-2100 (Wilm.)
Connections Community Support Programs- www.connectionsensp.org	1-866-477-5345
Delaware Guidance Services- www.delawareguidance.org	302-455-9333 (Newark) / 302-652-3948 (Wilm.)
Jewish Family Services of Delaware- www.jfsdelaware.org	302-478-9411
Latin American Community Center- www.thelatincenter.org	302-655-7338
Mid-Atlantic Behavioral Health- www.midatlanticbh.com	302-224-1400 (Newark & Wilm.)
SOAR (Survivors of Abuse in Recovery)- www.soarinc.com	302-655-3953
Supporting KIDDS (grief counseling)- www.supportingkidds.org	302-235-5544

New Castle County Counseling Resources 2019 – 2020

Kirkwood Highway Area:

Christiana Counseling - www.christianacounseling.com.....302-995-1680
Harmonious Minds - www.harmoniousmind.com302-633-6001
Lisa Carter & Associates302-217-6622
Tranquility Counseling - www.tranquilitycounselinginc.com.....302-636-0700

Newark Area:

Allied Behavioral Health- www.alliedbehavioralhealthde.com.....302-832-1282
Center for Mental Wellness- www.acfmw.com.....302-266-6200
Pike Creek Psychological Center- pikecreekpsych.com.....302-738-6859

Wilmington Area:

Behavioral Health Associates- www.behavioralhealthassociatesde.com302-661-2790
Broudy & Associates- www.broudyassoc.com302-655-7110
Delaware Family Center- www.delawarefamilycenter.com302-995-9600
Focus Behavioral Health- <http://www.focusbehavioralhealth.com>.....302-762-2285

LGBTQ Resources:

GLBT National Help Center1-888-THE-GLNH (843-4564)
It Gets Better Project - www.itgetsbetter.org
LGBT National Help Center- www.youthtalkline.org.....1-800-246-PRIDE (1-800-246-7743)
PFLAG (Parents, Families and Friends of Lesbians and Gays) - www.pflagwilmde.org302-654-2995
The Trevor Project - www.thetrevorproject.org1-866-488-7386

Reproductive Health Services:

ARC- www.cffde.org/arc.....1-800-924-6977
Planned Parenthood- <http://www.plannedparenthood.org/delaware>..... 302-731-7801 (Newark) / 302-655-7293 (Wilm.)

Substance Abuse Counseling:

Al-Anon / Al-A-Teen.....1-866-460-4070
Alcoholics Anonymous302-655-5113
Aquila- aquilaofde.com302-999-1106
Brandywine Counseling- www.brandywinecounseling.org.....302-656-2348
Crossroads of Delaware.....302-652-1405
Narcotics Anonymous.....1-800-317-3222
Open Door - opendoorinc.holcomb-bhs.org.....302-731-1504
PACE (18 and older) - www.paceinonline.com302-999-9812
SODAT- www.sodatdelaware.com302-656-4044

Websites:

Depression/Suicide Prevention:

www.getrightsideup.org
www.twloha.com
www.erikaslighthouse.org

Healthy Lifestyles:

www.advocatesforyouth.org
www.girlshealth.gov
www.teenshealth.org

Healthy Relationships:

www.loveisrespect.org
www.lovewhatsreal.com
www.realrelationshipsde.org
www.safeandrespectful.org
www.thatsnotcool.com

Quit Smoking:

American Lung Association- www.lung.org
Delaware Quit Line- www.quitnow.net/Delaware
Kick Butts Generation- www.ysmoke.org