

William C. Lewis

Dual Language Elementary



**Positive Behavior  
Supports (PBS)  
Parent Guide**

## **What is Positive Behavior Support PBS?**

Positive Behavior Support (PBS) is a data driven school wide system to teach behavioral expectations for a safe, more effective school environment. It is not a curriculum, but a district-wide behavior practice. PBS focuses on classroom management and preventative school discipline to ensure all students have access to useful and accurately implemented instructional procedures. Rather than reprimanding students after, we concentrate on celebrating positive behavior. The PBS approach requires teachers, staff, parents, and students to work together.

### ***W. C. Lewis Dual language Elementary focuses on***

**-Hard work      - Responsibility      - Cooperation      -Kindness**

#### **School Wide System**

1. Common purpose & approach to discipline
2. Clear set of positive expectations & behaviors
3. Procedures for teaching expected behavior
4. Continuum of procedures for encouraging expected behavior
5. Continuum of procedures for discouraging inappropriate behavior
6. Procedures for on-going monitoring & evaluation

### **Overview of Matrix**

- The expectations that are listed across the top of the matrix are worded positively, are broadly stated and apply to all people in all settings (students and staff).
- The rules are aligned to the expectations are specific, measureable, observable, acknowledgeable and teachable.
- The language is positive and demonstrates to students what they are expected to do, as oppose to telling them what not to do.
- The Matrix is divided by area and the expectations are posted throughout the building.
- Lessons regarding expectations and rules are taught in the area they are expected to occur.

## Lewis PBS Expectations

	<b>Classroom</b>	<b>Hallway</b>	<b>Playground</b>	<b>Cafeteria</b>	<b>Bathroom</b>
<p><b>Hard Work</b></p> 	<p>Give your best effort</p> <p>Ask questions and look for answers</p> <p>Carefully complete all assignments</p>	<p>Stay alert</p> <p>Walk quietly</p> <p>Go to your destination quickly</p>	<p>Stay active</p> <p>Play safely</p>	<p>Follow directions</p> <p>Clean up and recycle</p> <p>Monitor your voice</p>	<p>Use – Flush – Wash – Trash can</p> <p>Report problems to teachers</p>
<p><b>Kindness</b></p> 	<p>Use kind words and manners</p> <p>Keep hands and feet to yourself</p> <p>Help others</p>	<p>Walk silently</p> <p>Keep hands and feet to yourself</p>	<p>Keep hands and feet to yourself</p> <p>Use kind words</p> <p>Take turns</p>	<p>Use your manners</p> <p>Keep hands and feet to yourself</p>	<p>Wash your hands</p> <p>Respect others' privacy</p> <p>Keep area neat and clean</p>
<p><b>Responsibility</b></p> 	<p>Listen quietly to the speaker</p> <p>Use time wisely</p> <p>Find help when needed</p> <p>Keep areas neat and clean</p>	<p>Follow directions</p> <p>Walk in a straight line</p> <p>Face forward</p> <p>Report Bullying</p>	<p>Follow rules</p> <p>Return equipment</p> <p>Report Bullying</p> <p>Line up on the signal</p>	<p>Follow directions</p> <p>Only touch and eat your food</p> <p>Report Bullying</p>	<p>Use equipment properly</p> <p>Return to class quickly</p> <p>Report Bullying</p>
<p><b>Cooperation</b></p> 	<p>Be positive</p> <p>Work together</p> <p>Follow directions</p>	<p>Keep hands and feet to yourself</p> <p>Stay in line</p> <p>Be patient</p>	<p>Agree on game rules</p> <p>Talk through conflicts</p> <p>Respect adults and peers</p>	<p>Wait your turn in line</p> <p>Leave it cleaner than you found it</p> <p>Stay in your personal space</p>	<p>Keep hands and feet to yourself</p> <p>Wash your hands</p>

## **Lewis Pledge of Conduct**



Today I will be the best possible me: ready to learn, responsible kind,  
hardworking and cooperative.

**GO LEWIS BUSY BEES!**

## **La promesa de conducta de Lewis**



Hoy daré lo mejor de mí. Aprenderé, seré responsable, amable, buen  
trabajador y cooperador.

**¡ARRIBA LEWIS BUSY BEES!**

## **Encourage Appropriate Behavior (Individual Student Level)**

### **Buzzy Bucks Procedure**

#### **What is a Buzzy Buck?**

- A Buzzy Buck is an incentive for students to follow the School Rules (Behavioral Expectations). The purpose of the tickets is to promote positive interaction with students by every staff member.

#### **How do students earn Buzzy Bucks?**

- Staff members should give out a number of Buzzy Bucks throughout the school day to the students who are meeting the behavioral expectations.

#### **What do Students do with the Buzzy Bucks?**

- Recognition by a staff member and teacher, praise and announcement recognition during monthly raffles.

#### **What do students get for the Buzzy Bucks?**

- Students will turn in their Buzzy Bucks for reinforce of their choice.
- Students can redeem Buzzy Bucks for participation in monthly and winter and spring celebrations.

#### **Why are we doing this?**

- We do this to teach student the behavioral expectations (school rules) in all settings.

#### **Example of a Buzzy Buck Earnings**

Bill picked up classmates coat and hung it up without being asked. (Kindness)  
Matt put his milk bottle in the recycle bin & wiped his lunch table. (Responsibility)  
Lucy helped her group gather supplies needed for group work. (Cooperation)  
Patty finished her math assignment than went to the vocabulary center to study her new words. (Hard Work)

## **Encourage Appropriate Behavior (Class Group Level)**

Classroom compliments are called "Bee Bucks". "Bee" Bucks are awarded to CLASSES who display the expectations throughout the school. Classroom compliments accumulate and as classes reach goals they also earn the corresponding leveled reward.

# Beehive Rewards!!!

**Earn: 100**

Game Day with your  
Teacher!!!



**Earn: 80**

computer time



**Earn: 60**



Movie

**Earn: 20**

Popcorn

Party



**Earn: 40 Extra Recess**



## Family

The link between families and positive behavioral interventions and supports is an important one. When families are meaningfully involved in educational activities their children do better in schools. Families play an important part in their child's education and social development.

### Tips for Positive Behavior

- Remember 5:1 with positives
- Set the Stage for success reward the effort
- Give clear, specific directions.
- Stay calm. Use a calm voice.
- Set reasonable limits
- Be consistent. YES means YES and NO means NO.
- Set the example. Actions speak louder than words
- Proactively anticipate the situation.
- Have patience. A little goes a long way!
- Have fun and enjoy the ride!

## Positive Behavior Supports at Home

One of the best ways to address a problem behavior is to begin with the positives! After all, you love your child but you don't like their problem behavior. It's the behavior that you want to change! Thinking about answers to these questions may help you develop a positive plan that will lead to more appropriate behavior.

What are the things my child really enjoys?

What are the things that my child does really well?

What things does my child find rewarding or motivating?

What are my child's favorites (colors, food, TV shows, books, music, sports etc.)?

## A Dozen Prevention Tips for Parents

..... to promote healthy lifestyles and prevent risky behaviors

<p><b>Parents as Nurturers</b></p> <ul style="list-style-type: none"><li>• Look directly at your child when he/she talks to you and listen without interruption</li><li>• Express your love and respect with your words and actions</li><li>• Allow your child to make choices within safe, healthy and respectful time limits</li></ul>	<p><b>Parents as Advocates</b></p> <ul style="list-style-type: none"><li>• Work in partnership with your child's teachers/caretakers for your child's safety and success</li><li>• Find community resources and information for yourself and your child so you can thrive in a complex, ever-changing world</li><li>• Voice your opinions to your local, state and federal representatives on issues affecting children and youth</li></ul>
<p><b>Parents as Teachers</b></p> <ul style="list-style-type: none"><li>• Teach by modeling. Behave as you want your child to behave.</li><li>• Spend time with your child doing things you both enjoy.</li><li>• Speak the truth-be willing to admit mistakes and discover new solutions for yourself and your child</li></ul>	<p><b>Parents as Policy Makers</b></p> <ul style="list-style-type: none"><li>• Explain clear, specific, and age-appropriate rules to your child about health, safety and respect for self and others.</li><li>• Ensure safe, consistent consequences for broken rules</li><li>• Know where your children are at all times.</li></ul>

## Clear Expectations Set the Stage for Success!

We all do a better job when we know what we are expected to do. Clear expectations and consistent routines help children and adults. The Home Matrix is a great way to give your child a step by step guide for the day and be clear about your expectations. Younger children may need picture cues. Your matrix should fit your family.

### PBS Home Matrix

	Getting up in the morning	Getting to School	Clean up time	Time to Relax	Homework time	Mealtime	Getting Ready for Bed
Responsibility	Get up on time. Get cleaned up and dressed on time.	Have your backpack, lunch, notes and supplies ready.	Clean up after yourself.	Play quietly	Put your things in your backpack when finished.	Set the table. Use your napkin.	Brush your teeth. Hang up clothes or put dirty ones in the hamper.
Hard work	Make your bed.			Clean up after your self	Complete homework on time.	Put the dishes away	
Cooperative		Be ready to leave on time.	Do your chores.	Ask before you borrow. Ask to change TV stations.	Do your best!	Use kind words and I statements.  Recognize mistake and apologize.	