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INTEGRATED DIABETES SERVICES
 333 E. Lancaster Ave., Suite 204, Wynnewood, PA 19096
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[Integrated Diabetes](#)

Name: _____

Weekly Diabetes Record

Date:	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Blood Sugar									
Insulin Dose									
Grams Carb									
Phys. Activity									

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