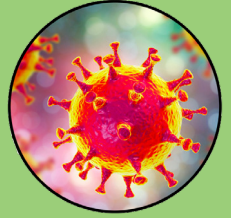


# Coronavirus Disease 2019 (COVID-19)

If you have returned from travel to China in the last 14 days and are experiencing symptoms mentioned below, call the Division of Public Health at 1-888-295-5156.

## What is it?

- A new respiratory virus first identified in Wuhan, China
- It has the potential to cause severe illness and pneumonia in some people



## How is it spread?



- Through the the air by coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

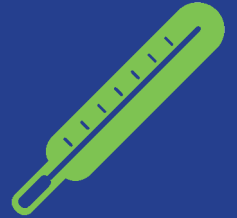
## Who is at risk?

- Travelers to and from certain areas of China are at increased risk as are their close contacts
- Current risk to the general public is low
- See travel guidance from the Centers For Disease Control and Prevention at [wwwnc.cdc.gov/travel](http://wwwnc.cdc.gov/travel)

## What are the symptoms?

Illnesses can be mild, or in some cases be severe enough to require hospitalization. Symptoms of this respiratory illness primarily include:

- Fever
- Cough
- Shortness of breath



## How is it prevented and treated?



- Similar to prevention of other respiratory illnesses, including the flu:
  - Wash hands often
  - Avoid touching eyes, nose, or mouth with unwashed hands
  - Avoid contact with sick people
  - Stay home while you are sick; avoid others
  - Cover mouth/nose with a tissue or sleeve when coughing or sneezing
- Most people with mild coronavirus illness will recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of Public Health

For more information, visit [dhss.delaware.gov/dph](http://dhss.delaware.gov/dph)  
Call 302-744-4990 to speak to an epidemiologist during normal business hours.  
After normal business hours, call 1-888-295-5156.