



Student Wellness

Students
Policy
8012

Policy Statement

The District shall establish a Wellness Plan that includes the following:

- Goals for nutrition education, nutrition promotion, and physical activity
- Nutrition guidelines for all foods available on the school campus during the school day
- A procedure for ensuring that reimbursable school meals meet Federal standards
- A procedure for monitoring compliance with the policy
- A consistent process for disseminating information regarding District practices regarding nutrition and healthy living throughout the schools and the community

The Board shall appoint a Wellness Committee that includes at least one of each of the following:

- Board member
- District Administrator
- District Food Service Manager or representative
- Parent/guardian of an enrolled student
- Student
- Representative of an organized parent group
- Member of the public
- Physical education teacher
- School nurse
- Representative for students with disabilities

The Wellness committee shall serve as an advisory committee regarding student health issues and shall be responsible for making recommendations to the Board and administration regarding student wellness. They shall examine existing laws, regulations, research, Board policy, and District procedures, and raise awareness about student health issues.

This policy shall be reviewed with staff annually.

Responsibility

The Superintendent shall be responsible for compliance.

References

Child Nutrition and WIC Reauthorization Act of 2004
42 U.S.C. §1758(f)(1)
Healthy, Hunger Free Kids Act of 2010, §204

Related policies: Policy 5002 Food Services

Related documents: USDA Dietary Guidelines for Americans;
District Wellness Plan

Adoption Date	09/20/2006	
Revision/ Reapproval Date	11/14/2012	