



RESOURCE GUIDE

HOTLINE & CRISIS

Mobile Response & Stabilization Services

1-800-969-4357

www.delawareguidance.org/crisis/

24/7 Risk Assessment & Crisis Intervention Services up to Age 18

DFS Hotline

1-800-292-9582

www.iseethesigns.org

24/7 Child Abuse & Neglect Reporting

Suicide & Crisis Lifeline

988

www.988lifeline.org

Call or Text

Crisis Textline

Text home to 741741

www.crisistextline.org/

Volunteer Crisis Counselors are Available 24/7

Domestic Violence Hotline

302-762-6110

www.childinc.com/domestic-violence-services/

24/7 Domestic Violence Support

The Trevor Project - LGBTQ+

1-866-488-7386 OR text 678-678

www.thetrevorproject.org/get-help/

Delaware Victim Center

800-842-8461

dsp.delaware.gov/victim-services/

MISC. RESOURCES

Latin American Community Center

302-655-7338

www.thelatincenter.org/

Lifelong Learning & Life Empowerment Services; Bilingual

Modivcare

866-412-3778

www.member.logisticare.com/en/login

Transportation Services for Medical Appointments



RESOURCE GUIDE

HOUSING & UTILITY

211 Delaware

211

<https://delaware211.org/>

Connects Callers to Resources Throughout the State of Delaware

Delaware State Service Centers

<https://dhss.delaware.gov/dssc/>

Provides a Full Range of Social Services

Catholic Charities

302-655-9624

www.ccwilm.org/

Rent, Mortgage, Utility, & LIHEAP Assistance

Conexio Care

833-886-2277

<https://conexiocare.org/>

Permanent & Affordable Housing Resources

Dual Generation Center

302-434-6960

www.christinak12.org/domain/3568

Provides a Full Range of Social Services

First State Community Action Agency

800-372-2240

www.firststatecaa.org/

Utility, Rent, Food, & Health Related Services

Housing Alliance Delaware

302-654-0126

www.housingalliancede.org/

Centralized Intake for Emergency Shelter & Housing Availability

Lutheran Community Services

302-654-8886

www.lcsde.org/

Utility, Rent, Food, & Health Services

West End Neighborhood House

302-658-4171

<https://westendnh.org/programs/>

Emergency Assistance & Food Support



RESOURCE GUIDE

FOOD & CLOTHING

211 Delaware

211

<https://delaware211.org/>

Connects Callers to Resources Throughout the State of Delaware

Clothing Bank

302-654-1390

www.friendshipousede.org/

Gently Used Clothes, Uniforms, & Shoes

Food Bank of Delaware

302-292-1305

www.fbd.org/

Healthy Pantry Center & Benefit Assistance

Kingswood Community Center

302-764-9022

<https://kgwcc.org/>

Clothing Closet & Food Support

Lutheran Community Services

302-654-8886

www.lcsde.org/

Food Support

Ministry of Caring

302-652-5523

www.ministryofcaring.org/

Food Support

Saint Patrick's Center

302-652-6219

www.stpatrickscenter.org/services

Clothing Closet & Food Support

Sunday Breakfast Mission

302-477-7495

<https://sundaybreakfastmission.org/urban-vintage>

Clothing, Household Items, & Furniture

West End Neighborhood House

302-658-4171

<https://westendnh.org/programs/>

Food Support



RESOURCE GUIDE

MEDICAL

211 Delaware

211

<https://delaware211.org/>

Connects Callers to Resources Throughout the State of Delaware

Aquila

302-999-1106

www.aquilaofde.com/

Behavioral Health & Substance Use Services

Center for Families

610-465-1021

www.centerforfamilies.com/

Behavioral Health & Substance Use Services Ages 13 - 18

Christiana Care Financial Assistance Program

302-623-7440

<https://christianacare.org/us/en/visit-us/for-patients/financial-assistance-program-summary>

Financial Assistance for Medical Care

Henrietta Johnson Medical Center

302-655-6187

www.hjmc.org/

Sliding Scale for Medical Services for Those Who Qualify

Meadowood Behavioral Health Hospital

866-523-0165

www.meadowoodhospital.com/

Behavioral Health & Substance Use Services

Rockford Center

302-996-5480

<https://rockfordcenter.com/>

Behavioral Health & Substance Use Services

Saint Francis Hospital

302-421-4100

www.trinityhealthma.org/location/saint-francis-healthcare

[Saint Clare Van](#), [Tiny Steps](#), & [Center of Hope](#)

Westside Family Healthcare

302-224-6800

www.westsidehealth.org/

Sliding Scale for Medical Services for Those Who Qualify



RESOURCE GUIDE

COUNSELING

A Center for Mental Wellness

302-266-6200
www.acfmw.com/

Allied Behavioral Health

302-832-1282
www.alliedbehavioralhealthde.com/

Broudy & Associates

302-655-7110
www.broudyassoc.com/

Center for Child Development

302-292-1334
thecenterforchilddevelopment.com/

Delaware Family Center

302-955-9600
www.delawarefamilycenter.com

Delaware Guidance Services

302-652-3948
www.delawareguidance.org/

Diamond State Counseling

302-683-1055
www.diamondstatecounseling.com/

Harmonious Mind

302-633-6001
www.harmoniousmind.com

Jewish Family Services

302-478-9411
www.jfsdelaware.org/

Lifestance Health

302-224-1400
www.lifestance.com/



RESOURCE GUIDE

COUNSELING

Nemours Behavioral Health

800-416-4441

www.nemours.org/services/child-psychology.html

New Beginnings Counseling & Consulting

302-572-5514

www.newbeginningsscillc.net/

New Perspectives, Inc.

302-489-0220

www.newperspectivesinc.com/

Rising Hope Therapy

302-273-3194

www.risinghopetherapy.com/

SOAR

302-655-3953

www.survivorsofabuse.org/

Therapeutic Wellness Group

302-235-3398

www.therapeuticwellnessgroup.com/

Tomaro's C.H.A.N.G.E.

844-222-8500 ext 501

www.tomaros-change.org/

Tranquility Counseling

302-636-0700

www.tranquilitycounselinginc.com

Transitions Delaware

302-440-6737

www.transitionsde.com/

Westside Family Healthcare

302-224-6800

<https://www.westsidehealth.org/>