

Growth Mindset Questions.

To Ask Your Child Instead of "How Was School?"

What was something new you tried today?



What challenge have you worked on today?

How can you make the things that are too easy for you more challenging?

What would you like to become better at?

How can you use that mistake to do better next time?



Did you do anything today that was too easy for you?



What did you do today that made you think hard?



What did you learn today outside of school?

? Growth Mindset Questions?

Big Life Journal

To Ask Your Child Instead of "How Was School?"

Cut along the dashed lines to create Growth Mindset Question slips. Place the slips in a jar or envelope to create a conversation-starting game to use at the dinner table or on the drive home from school. Cut out the title as a cute label for your jar or envelope!

What did you do today that made you **think hard**?

What did you do that was too **easy** for you?
How can you make it **more challenging**?

Can you think of a **mistake** you made today?
What can you **learn** from that mistake?

What **challenge** or **problem** have you worked on today?

Can you think of something **new** you tried today? What was it?

Was there anything that made you **feel stuck** today? What other ways can you try next time?

Is there anything you are struggling with?
What **new strategies** can you try next?

What did you **learn** today outside of school?

What would you like to become **better** at?

What could you have done better today?
Who can **you ask for feedback**?