



ADMINISTRATIVE MEMORANDUM

VENDING MACHINES IN SCHOOLS

| 5002.2

In an effort to promote healthy lifestyles and abide by the USDA National School Lunch Program “Smart Snack” regulations, schools must consult the following guidelines, (established by the United States Department of Agriculture) when placing orders for school stores and all student-accessible vending machines. These requirements apply to all food and beverages sold to students during the school day (12 a.m. until 30 minutes after school day ends) on school campus. This includes fundraisers. Lists of vendors and products meeting these requirements are available from the Nutrition Department.

Drink Machines

All schools may sell:

- Plain water (with or without carbonation, no natural or artificial flavorings)
- Unflavored low fat milk
- Unflavored or flavored fat free milk and milk alternatives permitted by NSLP/SBP
- 100% fruit or vegetable juice and
- 100% fruit or vegetable juice diluted with water (with or without carbonation), and no added sweeteners.

Elementary schools may sell up to 8-ounce portions, while middle schools and high schools may sell up to 12-ounce portions of milk and juice. There is no portion size limit for plain water in any grade.

Beyond this, the standards allow additional “no calorie” and “lower calorie” beverage options for high school students.

- No more than 20-ounce portions of Calorie-free, flavored water (with or without carbonation); Other flavored and/or carbonated beverages that are labeled to contain < 5 calories per 8 fluid ounces or ≤ 10 calories per 20 fluid ounces.
- No more than 12-ounce portions of Beverages with ≤ 40 calories per 8 fluid ounces, or ≤ 60 calories per 12 fluid ounces.

Snack Machines

Any food sold in schools must:

- Be a “whole grain-rich” grain product; or
- Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable.

Foods must also meet all nutrient requirements:

- Calorie limits: Snack items: ≤ 200 calories Entrée items: ≤ 350 calories
- Sodium limits: Snack items: ≤ 200 mg Entrée items: ≤ 480 mg
- Fat limits: Total fat: ≤ 35% of calories Saturated fat: < 10% of calories Trans-fat: zero grams
- Sugar limit: ≤ 35% of weight from total sugars in foods

Questions about the information contained in this administrative memorandum should be directed to the Assistant Superintendent.